

1475 Kendale Boulevard, PO Box 2560 East Lansing, MI 48826-2560 800.292.4910

Rates Effective 01/01/2023 through 12/31/2023

Quoted Group(s): 486E - Full Time Union Support Staff

Medical plans

Description	Benefits	Enrollme	ent	2022 Rate ¹ w/ 2% Discount	2023 Rate ² w/ 2% Discount
Plan IN Deductible:	MESSA ABC Plan 1 (AE) \$1500/\$3000				
IN Coinsurance:	0%	Single:	0	\$528.32	\$575.36
OL/OV/SV Copay:	\$0	2-Person:	2	\$1,188.72	\$1,294.56
UC/ER Copay:	\$0	Family:	3	\$1,479.30	\$1,611.02
Rx Coverage:	ABC Mail				
Riders:	HEQ				
Plan	MESSA ABC Plan 1 (AI)				
IN Deductible:	\$1500/\$3000				
IN Coinsurance:	10%	Single:	0	\$491.52	\$535.28
OL/OV/SV Copay:	\$0	2-Person:	0	\$1,105.92	\$1,204.39
UC/ER Copay:	\$0	Family:	1	\$1,376.25	\$1,498.79
Rx Coverage:	ABC Mail				
Riders:	HEQ				
Basic Term Life with Medical					
Volume:	\$5,000		6	\$1.50	\$1.50

¹Medical Rate includes 1.490% for federal and state taxes and fees.

²Medical Rate includes 1.335% for federal and state taxes and fees.

COBRA RATES:



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Rates Effective 01/01/2023 through 12/31/2023

Quoted Group(s): 486E - Full Time Union Support Staff

Ancillary plans

Description	Description Benefits Enrollment		2022 Rate	2023 Rate
Dental	00906-06			
Diag & Prev:	60%			
Basic Services:	60% (X-Rays)			
Major Services:	60%	Single: 0	\$25.04	\$26.26
Annual Max:	\$1,500	2-Person: 2	\$50.96	\$52.03
Orthodontics:	60%	Family: 5	\$106.96	\$110.19
Lifetime Max:	UCR			
Riders:	2 Cleanings, Sealants			
Plan Year:	Jan-Dec			
Vision	VSP 3 Plus	Single: 0	\$10.50	\$9.49
Plan Year:	Jan-Dec	2-Person: 2	\$22.54	\$20.38
		Family: 5	\$33.94	\$30.70
Life Insurance				
Volume:	\$20,000			
Total Volume:	\$140,000	7		
Rate/\$1,000:			\$0.11	\$0.10
Composite:			\$2.20	\$2.00
AD&D Coverage				
Volume:	\$20,000			
Total Volume:	\$140,000	7		
Rate/\$1,000:			\$0.03	\$0.03
Composite:			\$0.60	\$0.60
LTD Benefit				
Benefit:	66 2/3% Max \$5,000			
Max Monthly Salary:	\$7,500			
Waiting Period:	90 CDMF			
Alcohol/Drug:	2 Year Limitation			
Mental/Nervous:	Same as any other illness			
Soc. Sec. Offset:	Family			
Own-Occupation:	2 years			
Pre-Exist Cond.:	Waived			
COLA:	No			
SS Freeze:	Yes			
Volume:	\$18,514	7		
Rate/\$100:			\$1.58	\$1.46
Composite:			\$43.55	\$38.61
		te per Member: Single	\$81.89	\$76.96
Total Monthly Rate per Member: 2-Person		\$119.85	\$113.62	
	Total Monthly Rat	te per Member: Family	\$187.25	\$182.10

COBRA RATES:



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Rates Effective 01/01/2023 through 12/31/2023

Quoted Group(s): 486G - Teachers

Medical plans

Description	Benefits	Enrollment	2022 Rate ¹ w/ 2% Discount	2023 Rate ² w/ 2% Discount
Plan	MESSA ABC Plan 1 (AE)			
IN Deductible:	\$1500/\$3000		A a a a a	^
IN Coinsurance:	0%	Single: 7	\$528.32	\$575.36
OL/OV/SV Copay:	\$0	2-Person: 1	\$1,188.72	\$1,294.56
UC/ER Copay:	\$0	Family: 10	\$1,479.30	\$1,611.02
Rx Coverage:	ABC Mail	-		
Riders:	HEQ			
Plan	MESSA ABC Plan 1 (AI)			
IN Deductible:	\$1500/\$3000			
IN Coinsurance:	10%	Single: 2	\$491.52	\$535.28
OL/OV/SV Copay:	\$0	2-Person: 2	\$1,105.92	\$1,204.39
UC/ER Copay:	\$0	Family: 6	\$1,376.25	\$1,498.79
Rx Coverage:	ABC Mail			
Riders:	HEQ			
Basic Term Life with Medical				
Volume:	\$5,000	28	\$1.50	\$1.50

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COBRA RATES:



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Rates Effective 01/01/2023 through 12/31/2023

Quoted Group(s): 486G - Teachers

Ancillary plans

Description	Benefits	Enrollment	2022 Rate	2023 Rate
Dental	00906-03			
Diag & Prev:	60%			
Basic Services:	60% (X-Rays)			
Major Services:	60%	Single: 10	\$20.52	\$21.85
Annual Max:	\$1,500	2-Person: 4	\$39.85	\$43.67
Orthodontics:	60%	Family: 19	\$92.37	\$98.72
Lifetime Max:	UCR	-		
Riders:	2 Cleanings, Sealants			
Plan Year:	Jan-Dec			
Vision	VSP 3 Plus	Single: 10	\$10.50	\$9.49
Plan Year:	Jan-Dec	2-Person: 4	\$22.54	\$20.38
		Family: 19	\$33.94	\$30.70
Life Insurance				
Volume:	\$25,000			
Total Volume:	\$825,000	33		
Rate/\$1,000:	+		\$0.11	\$0.10
Composite:			\$2.75	\$2.50
AD&D Coverage				
Volume:	\$25,000			
Total Volume:	\$825,000	33		
Rate/\$1,000:	\$023,000		\$0.03	\$0.03
Composite:			\$0.75	\$0.75
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LTD Benefit	00 0/00/ May #5 000			
Benefit:	66 2/3% Max \$5,000			
Max Monthly Salary:	\$7,500			
Waiting Period:	90 CDMF			
Alcohol/Drug:	2 Year Limitation			
Mental/Nervous:	Same as any other illness			
Soc. Sec. Offset:	Family			
Own-Occupation:	2 years			
Pre-Exist Cond.:	Waived			
COLA:	No			
SS Freeze:	Yes			
Volume:	\$140,021	33		
Rate/\$100:			\$0.49	\$0.45
Composite:			\$19.92	\$19.09
		te per Member: Single	\$54.44	\$53.68
		Total Monthly Rate per Member: 2-Person		
		te per Member: Family	\$149.73	\$151.76

COBRA RATES:



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Rates Effective 01/01/2023 through 12/31/2023

Quoted Group(s): 486P - Principals

Medical plans

Description	Benefits	Enrollme	ent	2022 Rate ¹ w/ 2% Discount	2023 Rate ² w/ 2% Discount
Plan	MESSA ABC Plan 1 (AE)				
IN Deductible:	\$1500/\$3000		_		·
IN Coinsurance:	0%	Single:	0	\$528.32	\$575.36
OL/OV/SV Copay:	\$0	2-Person:	1	\$1,188.72	\$1,294.56
UC/ER Copay:	\$0	Family:	1	\$1,479.30	\$1,611.02
Rx Coverage:	ABC Mail				
Riders:	HEQ				
Plan	MESSA ABC Plan 1 (AI)				
IN Deductible:	\$1500/\$3000				
IN Coinsurance:	10%	Single:	0	\$491.52	\$535.28
OL/OV/SV Copay:	\$0	2-Person:	1	\$1,105.92	\$1,204.39
UC/ER Copay:	\$0	Family:	0	\$1,376.25	\$1,498.79
Rx Coverage:	ABC Mail				
Riders:	HEQ				
Basic Term Life with Medical					
Volume:	\$5,000		3	\$1.50	\$1.50

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COBRA RATES:



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Rates Effective 01/01/2023 through 12/31/2023

Quoted Group(s): 486P - Principals

Ancillary plans

Description	Description Benefits Enrollment		2022 Rate	2023 Rate
Dental	00906-17			
Diag & Prev:	60%			
Basic Services:	60% (X-Rays)			
Major Services:	60%	Single: 0	\$20.36	\$20.88
Annual Max:	\$1,500	2-Person: 2	\$38.83	\$44.62
Orthodontics:	60%	Family: 2	\$78.28	\$79.93
Lifetime Max:	UCR			
Riders:	2 Cleanings, Sealants			
Plan Year:	Jan-Dec			
Vision	VSP 3 Plus	Single: 0	\$10.50	\$9.49
Plan Year:	Jan-Dec	2-Person: 2	\$22.54	\$20.38
		Family: 2	\$33.94	\$30.70
Life Insurance				
Volume:	\$75,000			
Total Volume:	\$300,000	4		
Rate/\$1,000:	+		\$0.11	\$0.10
Composite:			\$8.25	\$7.50
AD&D Coverage				
Volume:	\$75,000			
Total Volume:	\$300,000	4		
Rate/\$1,000:	+		\$0.03	\$0.03
Composite:			\$2.25	\$2.25
LTD Benefit				
Benefit:	66 2/3% Max \$5,000			
Max Monthly Salary:	\$7,500			
Waiting Period:	90 CDMF			
Alcohol/Drug:	2 Year Limitation			
Mental/Nervous:	Same as any other illness			
Soc. Sec. Offset:	Family			
Own-Occupation:	2 years			
Pre-Exist Cond.:	Waived			
COLA:	No			
SS Freeze:	Yes			
Volume:	\$28,123	4		
Rate/\$100:	$\psi = 0, 1 \ge 0$	4	\$0.68	\$0.56
Composite:			\$0.68 \$40.58	\$0.56 \$39.37
		e per Member: Single	\$81.94	\$79.49
		e per Member: 2-Person	\$112.45	\$114.12
	Total Monthly Rat	e per Member: Family	\$163.30	\$159.75

COBRA RATES:



1475 Kendale Boulevard, PO Box 2560 East Lansing, MI 48826-2560 800.292.4910

Rates Effective 01/01/2023 through 12/31/2023

Quoted Group(s): 486Q - Administration

Medical plans

Description	Benefits	Enrollme	ent	2022 Rate ¹ w/ 2% Discount	2023 Rate ² w/ 2% Discount
Plan	MESSA ABC Plan 1 (AE)				
IN Deductible:	\$1500/\$3000				
IN Coinsurance:	0%	Single:	0	\$528.32	\$575.36
OL/OV/SV Copay:	\$0	2-Person:	0	\$1,188.72	\$1,294.56
UC/ER Copay:	\$0	Family:	1	\$1,479.30	\$1,611.02
Rx Coverage:	ABC Mail				
Riders:	HEQ				
Plan	MESSA ABC Plan 1 (AI)				
IN Deductible:	\$1500/\$3000				
IN Coinsurance:	10%	Single:	0	\$491.52	\$535.28
OL/OV/SV Copay:	\$0	2-Person:	0	\$1,105.92	\$1,204.39
UC/ER Copay:	\$0	Family:	0	\$1,376.25	\$1,498.79
Rx Coverage:	ABC Mail				
Riders:	HEQ				
Basic Term Life with Medical					
Volume:	\$5,000		1	\$1.50	\$1.50

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Rates Effective 01/01/2023 through 12/31/2023

Quoted Group(s): 486Q - Administration

Ancillary plans

Description	Description Benefits Enrollment		2022 Rate	2023 Rate
Dental	00906-19			
Diag & Prev:	60%			
Basic Services:	60% (X-Rays)			
Major Services:	60%	Single: 0	\$19.05	\$20.09
Annual Max:	\$1,500	2-Person: 0	\$36.60	\$37.89
Orthodontics:	60%	Family: 1	\$81.64	\$98.59
Lifetime Max:	UCR			
Riders:	2 Cleanings, Sealants			
Plan Year:	Jan-Dec			
Vision	VSP 3 Plus	Single: 0	\$10.50	\$9.49
Plan Year:	Jan-Dec	2-Person: 0	\$22.54	\$20.38
		Family: 1	\$33.94	\$30.70
Life Insurance				
Volume:	\$20,000			
Total Volume:	\$20,000	1		
Rate/\$1,000:	· · / · · ·		\$0.11	\$0.10
Composite:			\$2.20	\$2.00
AD&D Coverage				
Volume:	\$20,000			
Total Volume:	\$20,000	1		
Rate/\$1,000:			\$0.03	\$0.03
Composite:			\$0.60	\$0.60
LTD Benefit				
Benefit:	66 2/3% Max \$5,000			
Max Monthly Salary:	\$7,500			
Waiting Period:	90 CDMF			
Alcohol/Drug:	2 Year Limitation			
Mental/Nervous:	Same as any other illness			
Soc. Sec. Offset:	Family			
Own-Occupation:	2 years			
Pre-Exist Cond.:	Waived			
COLA:	No			
SS Freeze:	Yes			
Volume:	\$4,317	1		
Rate/\$100:	÷.,•		\$0.84	\$0.89
Composite:			\$34.31	\$38.42
	Total Monthly Rate	e per Member: Single	\$66.66	\$70.60
	Total Monthly Rate per Member: 2-Person		\$96.25	\$99.29
		e per Member: Family	\$152.69	\$170.31

COBRA RATES: